



HIGHLIGHTS OF THE YEAR

LEWISHAM LOCAL RGTB is the host organisation for the Lewisham Local initiatives. Lewisham Local aims to inspire local people and businesses to contribute more towards good causes in Lewisham.

LEWISHAM LOCAL COMMUNITY CONTRIBUTOR CARD is given to local volunteers who give their time for free. Local businesses offer discounts and deals to thank the volunteers for what they do in the community. **3,500** volunteers have a Lewisham Local Card; **190** businesses offering a discount to local volunteers; **160** voluntary/community groups have signed up.

LEWISHAM COMMUNITY TOILET SCHEME is commissioned by Lewisham Council as an alternative to public toilets. Local businesses allow the public free access to use their toilets. **51** Community Toilets are now available in Lewisham.

REFILL LONDON a new initiative that started in March 2018 with the aim of reducing single-use plastic waste by local businesses offering free water refills. **70** local businesses have signed up to be a water refill station.

LEWISHAM LOCAL HIGHLIGHTS
 Launch of the First Lewisham Mayor's Awards for Volunteering 2017, recognising over 100 volunteers, young people, organisations and Businesses ● Use of volunteers from Goldsmiths Uni to make promotional videos ● Contributed to the London's Giving programme hosted by London Funders, sharing knowledge across other local giving schemes ● Running one-off giving events to connect and inspire local people and businesses.

LEWISHAM LOCAL FUTURE PLANS
 Launch of second Lewisham Mayor's Award in Autumn 2018 ● Growth of Lewisham Local Community Contributor Card ● Continuation of Lewisham Community toilets ● Development of a Financial Giving Scheme ● Growth of Refill London to increase the number of free water stations.



LEWISHAM CONNECTIONS a partner of the Lewisham Connections consortium led by Age UK, Community Connections is a preventative programme aimed at supporting vulnerable adults to improve their social integration and wellbeing. In 2017/18 the Community Connection team... supported **1005** isolated adults; visited **80** outreach events to statutory healthcare teams; supported **39** groups through development plans; carried out **517** development visits to community groups.



WILD CAT WILDERNESS is a green space where the local community can explore nature, learn new outdoor skills and crafts.

The Wilderness is used and enjoyed by the local community, organisations/groups, charities and schools. We have had a busy year organising **159** volunteer sessions, events and activities these included: Forest Schools sessions for approx. **240** children; **10** sessions with Youth Offending Team; **9** volunteer sessions with Good Gym Lewisham; **20** holiday family sessions; **18** food workshops; **12** festival/open days including Big Lunch and Harvest Festival.

We also had the pleasure to be able to participate in the Catford Arts Trail.



FOODCYCLE LEWISHAM The project aims to reduce food waste and provide a space where isolated local people on low incomes can come to enjoy a free meal once a week.

Loneliness has a huge impact on people's mental and physical health, and we feel Foodcycle is playing a part to tackle this.

45% of the guests live on their own; **68%** have said that they often feel lonely; **45%** use a food bank; **59%** regularly skipping meals..

Our Foodcycle Volunteers are welcoming, committed and create delicious meals each week. **86%** of guests said that the volunteers are friendly; **83%** agree the quality of the meals are good.

We have had a busy year serving over **1561** guests, cooking **2527** meals and saving **4,570kgs** of surplus food.



WHAT OUR COMMUNITY IS SAYING ABOUT US

"I'm developing self-confidence little by little".

"My children and I have learned lots and it's just lovely to have a place to come and explore nature and to relax and learn new skills".

"I feel that the work that volunteers do at Foodcycle is lifesaving for most of us".

"I have felt a real sense of community at Time Bank, and I have also learnt some new knitting techniques".

TIMEBANKING

Future Plans 2018/19

- Engage Syrian refugees settling into the borough in our work through Wild Cat Wilderness, Bring & Fix and other timebanking and social activities.
- Test a project-based approach to timebanking to address the most popular exchange requests of our members. This will include a Gardening and DIY Club, more Bring and Fix surgeries, and member-led workshops to further develop our portfolio of engagement opportunities for new members joining the time bank.
- Partner with Macmillan Cancer Support to pilot the first ever timebanking project to specifically support people affected by cancer living in Lewisham. This will run from October 2018 until the end of the year and will include two monthly drop-in sessions with Macmillan representatives to help address the needs and exchange requests of our members living with or affected by cancer.
- Members are hosting a Poetry Night to mark National Poetry Day and have plans to create a time bank creative writing group which will lead on the organisation of creative activities within the organisation.

TOP 5 STATISTICS 2018 Evaluation

98% strongly agreed that the future of the Time Bank and its success is important to them

95% feel proud to be part of a local Community

92% feel more connected to the local Community

91% of respondents feel more useful and Valued

78% of respondents felt they had been involved with the planning of events and activities.

SUMMARY

It has been a fabulous year. The charity has attracted new funding and extra resources, enabling the work to thrive and grow beyond expectations. It has diversified and provided a vision of Lewisham where people are connected and can find their place to contribute and work with others through giving to grow local pride. It is the best place to be in when a vision that captures people's imagination and meets their aspiration attracts people, investments and resources. The successful can-do attitude that is characteristic of the organisation and its people helps visualise ever greater prospects.

The charity performed 7,194 hours of volunteering across the various projects during April 17 and March 18.

FINANCE

Our trading figures for 2017/18 show an income of £299,451 and a expenditure of £238,847, Net assets at 31/03/18 were £134,956 made up of £49,458 restricted funds and £85,498 unrestricted. Full accounts are included in our Annual Report, submitted to Companies House and the Charity Commission. They are also posted on our website and copies are available on request.

Rushey Green Time Bank

Tel: 0207 138 1772

Email: info@rgtb.org.uk

Website: www.rgtb.org.uk

Registered Office

The Primary Care, Hawstead Road, London SE6 4JH

Charity No: 1101616 Company No: 4681564



Rushey Green Time Bank Annual Review 2017/18



"It keeps you in touch with the local community. It is an opportunity to get to know lots of new people and learn and exchange skills"